

## High Adventure Electives: New full-day format for 2018!!!

Participants in Helmets & Harnesses, The Marksman, Berms & Bars, and Ramps & Rails will be scheduled for a full day elective. The full day experience may be 2 closely located activities packaged together or a full day of one exciting type of activity. In the registration system, participants can indicate 3 electives of interest and we will schedule you into one of these activities based on availability.

**Park & Trax Skateboarding and BMX Adventure-** Spend the day skateboarding and riding BMX at the Summit's Thrasher Mountain. Both new and experienced skaters and BMXers will find the right fit for their skill and build upon them.

**Bows & Barrels-** Archery and Firearms activities include 12-gauge shotgun, .22 & .223 Rifle shooting, static archery, 90 meter archery, 3-d archery, and sporting arrows. A full day of target sport activities to hone your skills.

**Low Gear and Rocks Mountain Biking and Climbing Adventure-** Spend the day hitting the trail and as you wind your way through Adventure Valley, stop at The Rocks for some bouldering, climbing and rappelling.

**Low Gear and Canopy Mountain Biking and Canopy Tour Adventure-** A day of biking and flying through the air. Spend the day on mountain bikes hitting the Summit's Adventure Valley Trails and stop by The Canopy for a zip line tour through the forest canopy.

**Low Gear & High Gear Mountain Biking-** A full day of mountain biking that will allow for both cross country and downhill mountain biking. A shuttle will even be used on a limited basis to allow for a few more downhill runs.

**The Rocks Rock climbing and Rappelling Adventure-** A full day of rock climbing skills development at one of the largest man-made artificial rock climbing facilities in the U.S.

**New River Gorge Climbing-** For an extra fee of \$115.00 spend the day in the New River Gorge climbing on natural rock in a world-renowned climbing mecca.

**Canopy and the Ropes-** Canopy Tour and High Ropes Course Adventure in the trees of The Summit.

**Goodrich Lake West Aquatic Activity Day-** Stand-Up Paddle Board, Kayaking and Water Obstacle Course activities spend the day at the lake having a variety of adventures on the water.

**Whitewater Rafting and Goodrich Lake West-** For an extra fee experience a ½ day of rafting on the Lower New River Gorge in class 3 to 5 rapids. The other half of the day will be spent on Goodrich Lake west.